

Introducing you to Locala's Intermediate Care Team

Nurses

We do all the things a District Nurse would do. We check things such as blood pressure, heart rate and skin condition, depending on what care you need. We treat wounds and help with any catheter problems. If you need advice or treatment from a specialist nurse, we will arrange this for you, and if you already have a Community Matron, they will be involved in planning your discharge home. If you usually use items, such as continence pads, we will ask you to bring in your own supply from home.

Occupational therapists

We are here to help you get better at everyday tasks. This could be teaching you ways to wash, get dressed or feed yourself. We teach you how to use different techniques or new equipment to enable you to be as independent as possible.

Physiotherapists

Our role is to find ways to get people moving better. This may be improving how you can reach up, or stand, or walk, or perhaps how you move from a chair to a bed. We teach exercises for flexibility, balance and strength.

Rehabilitation Assistants

We have multiple skills to help you follow the advice given by the nurses and therapists. We work with you to help you achieve your rehabilitation goals during your recovery.

Pharmacist and Pharmacy Technicians

We work with the visiting GPs and the wider team here, to ensure the medication you are prescribed is safe and effective for you. We want to help build your independence during your stay, and will support you to self-administer your medications to prepare you for discharge. The support staff will help you with medications on a daily basis, if you require help.

Visiting GPs

We do what your normal GP would do. We provide advice and guide you with decisions about your health. You may not need us to visit during your stay, as others in our team, such as our nurses and pharmacy colleagues, are able to resolve many health matters. Some of these experienced colleagues are trained to an advanced level, and are therefore qualified to do some skilled tasks that GPs do.

Volunteers

We do all sorts of things to support you and the team, such as helping with organised activities and getting feedback from you about your experience here. If you just need some company and would like to chat, we would be happy to spend some time with you.

Business Support Officer

We assist Locala's clinical colleagues and help make sure our administration processes runs smoothly.