

Stories help describe what services do. Every-day and ordinary, or life changing and extraordinary?

Go Kids Go! Wheelchair Training



Karen Palfreyman, one of our Children's Physiotherapists arranged for the charity GoKidsGo! to run one of their wheelchair training skills classes for children on the caseload. Karen arranged a venue, Fairfield School and invited families to attend the free session. **Karen said: "this is a wonderful opportunity for the children to learn new skills, have fun and meet other wheelchair users in the area. The sessions include activities like back wheel balancing, road safety, wheelchair games, wheelchair sports like basketball and wheelchair dance"**.

The training is inclusive and the charity bring along extra wheelchairs so that parents and siblings can get involved and join in the fun and games.

Thanks go to Fairfield School for the loan of their hall and to Shaeen Hussain and Sam Basharat from the Locala Therapy team for helping out on the day?

Shabina, Labeeb's mum said: We really enjoyed the session. Labeeb was able to try out a new chair and was shown how to use it properly. He was able to see children like him and that really made him try to so more, he didn't think I can't do it, he saw that he could. I would love to see more sessions like this it was so positive and supportive for all our family."

Charlotte, Logan's mum said: Logan goes to a mainstream school and this session was so positive for him, he said 'look mummy there are people like me'. He just loved it. He learnt new skills and was so pleased with himself when he did really well at some of the activities. The whole family benefitted, we all got involved and it helped his brother understand the effort Logan makes. We all had very sore arms at the end of the day! We would love to have more sessions like this and even grouping the children into different levels so they can benefit even more.

Next Steps: GoKidsGo! have agreed to make this an annual event and Karen will be arranging another session next year.