

Volunteer Role Description

Befriender

Moorlands Grange Discharge to Assess Unit

Spruce Drive
Netherton
Huddersfield
HD4 7WA

Restrictions: 17 years +

About Moorlands Grange:

Moorlands Grange is a 'Discharge to Assess' unit for adults who have recently been transferred from hospital and need further support and rehabilitation before moving on to their next destination. Our Integrated Transfer of Care (ITOC) Team assesses each patient and offers appropriate therapy or nursing support to support their discharge.

What You Will be Expected to Do:

- Provide one-to-one befriending for patients in the patients' rooms, communal lounges, or gardens. The unit will provide any resources required for activities, which may include the following:
 - jigsaws and board games
 - memory activities (using the 'Alzheimer's Society Book of Activities')
 - reading (books, newspapers)
 - gardening equipment
- Provide support to group activities taking place in the communal lounges
- Carry out comfort checks for patients in the unit
- Help to complete surveys with patients using an iPad
- Serve refreshments to patients
- Anything else requested by the patient(s) or team, if appropriate for their therapy (e.g. the welcome pack and daily chat); advice will be provided by the ITOC team.






















The Difference You Will Make:

Offering valuable company to patients on the unit who are socially isolated, as they have very few or no visitors, ensuring they are as comfortable as possible during their stay.

Useful Attributes:






- Friendly, approachable and confident speaking to strangers
- Organised and able to use own initiative
- Able to work independently, with little supervision after each briefing session

Weekly Sessions to be Covered (*not necessarily all vacant*):






	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning	 10:30am-12:30pm	 10:30am-12:30pm	 10:30am-12:30pm	 10:30am-12:30pm			
Afternoon	 2pm-4pm	 2pm-4pm	 2pm-4pm	 2pm-4pm			
Evening							

Minimum Period of Commitment: 3 months

How Locala Will Recruit You:

Application	
Informal face-to-face interview (held via MS Teams)	
2 x character references	
Standard DBS check	
*Training & Induction (online modules to be completed <i>before</i> induction)	

What Will be Available to You:

Public liability insurance (covers 16 years +)	
Disabled access	
Regular follow-up visits (every 6 months minimum)	
Out-of-pocket expenses (45p per mile, public transport fees)	
ID badge and polo shirt	

Useful Information:

Volunteers need to be aware that patients within the unit have a variety of medical conditions and disabilities, which may include hearing, sight, memory, speech, communication or mobility/fractures.

*Additional support is available if required. If you don't have access to a PC, laptop or mobile phone, a paper version of the modules and assessments can be provided.

How to Apply:

Submit an online application at: [MyImpactPage - Application Form - Locala Health & Wellbeing \(betterimpact.com\)](https://betterimpact.com) Alternatively, a paper application form can be posted out on request.

Please call one of our Volunteer Services Managers (Heidi and Louise) on 030 3330 9392 or email: volunteering@locala.org.uk.

About Locala:

Locala is proud to be a colleague-owned provider of NHS community healthcare services. Our colleagues make key decisions about the services we provide and how we support our communities. As a social enterprise any profits made are invested into further improving our healthcare services and community projects.

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