

Volunteer Role Description

Befriender

Ings Grove House Rehabilitation Unit

Doctor Lane
Mirfield
WF14 8DP

Restrictions: 17 years +

About Ings Grove House Rehabilitation Unit:

Ings Grove House is a 40-bed unit for adults who have been assessed as needing rehabilitation for a short period of time. It could be for the following reasons:

- A patient is medically stable but needs a bit of extra rehabilitation to cope at home.
- A patient is not coping at home, due to recent illness, but wants to remain independent.

Patients receive 24-hour support and care. Therapists work with them to ensure they become more independent and can carry out day to day activities.

What You Will be Expected to Do:

Provide one-to-one befriending for patients in the patient's room, lounge or gardens.

Offer individual activities to patients in their rooms using the Activities Trolley, which could include:

- Jigsaw puzzles and board games
- Memory activities (using the 'Alzheimer's Society Book of Activities')
- Reading (books, newspapers)
- Gardening equipment

In pairs, help to run group patient activities in the communal lounge or conservatory, such as Bingo or quizzes.

Carry out 'Comfort Checks' for patients in the unit and help them to complete discharge surveys using an iPad.






















The Difference You Will Make:

Offering valuable company to patients on the unit who are socially isolated, as they have very few or no visitors, ensuring they are as comfortable as possible during their stay and providing engagement in meaningful, social activities which support wellbeing, rehabilitation and confidence building.

Useful Attributes:

- Friendly, approachable and confident speaking to strangers*
- Organised and able to use own initiative
- Able to work independently, with little supervision after each briefing session

Weekly Sessions to be Covered (*not necessarily all vacant*):

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning	 10:30-12:30	 10:30-12:30	 10:30-12:30	 10:30-12:30	 10:30-12:30		
Afternoon	 2:00-4:00	 2:00-4:00	 2:00-4:00	 2:00-4:00	 2:00-4:00		
Evening							

Minimum Period of Commitment: 3-6 months

How Locala Will Recruit You:

Application



Informal Interview (via MS Teams)



2 x character references



Standard DBS check



**Training & Induction (online modules to be completed *before* induction)



What Will be Available to You:

Public liability insurance (covers 16 years +)



Disabled access



Regular Follow-up Visits (every 6 months minimum)



Out-of-pocket expenses (45p per mile, public transport fees)



ID badge and polo shirt



Useful Information:

Some volunteers with medical professional qualifications may want to provide therapy treatment as part of this voluntary role – your Volunteer Services Manager would need to see a valid insurance certificate of personal medical negligence cover. Alternatively, an Honorary Contract could be drawn up, which would provide appropriate cover.

*Volunteers need to be aware that patients within the unit have a variety of medical conditions and disabilities, which may include hearing, sight, memory, speech, communication or mobility/fractures.

**Additional support is available if required. If you don't have access to a computer, a paper version of the modules and assessments can be provided.

How to Apply:

Submit an online application at: [MyImpactPage - Application Form - Locala Health & Wellbeing \(betterimpact.com\)](https://betterimpact.com) Alternatively, a paper application form can be posted out on request.

Please call one of our Volunteer Services Managers (Heidi and Louise) on 030 3330 9392 or email: volunteering@locala.org.uk.

About Locala:

Locala is proud to be a colleague-owned provider of NHS community healthcare services. Our colleagues make key decisions about the services we provide and how we support our communities. As a social enterprise any profits made are invested into further improving our healthcare services and community projects.

Visit our website for more details at: www.locala.org.uk.