LCCOIO Health & Wellbeing

Health Inequalities and Inclusion
News Update

March 26, 2025

Tailored Support for Thornhill Academy & Positive Choices Programme

Locala's 0-19 Service is committed to delivering targeted support to young people, helping them make informed and healthy choices. Two recent initiatives, the **Thornhill Academy Girls' Exploitation Programme** and the **Positive Choices Programme**, are designed to meet the specific needs of vulnerable young people.

Thornhill Academy Girls' Exploitation Programme: A Specialised Intervention

The Thornhill Academy Girls' Exploitation Programme was a single intervention, delivered in response to particular safeguarding concerns raised by the school in 2024. The programme targeted students in Years 8 and 9 who were identified as being at risk of unhealthy relationships and exploitation. With the involvement of Locala's 0-19 Service, the Sexual Health Outreach Team, and West Yorkshire Police, the intervention covered crucial topics such as sexual health, self-esteem, and joint enterprise law.

Although this was a one-time initiative, its impact was significant. Students actively participated in discussions on topics like contraception and consent, benefiting from the small-group environment that encouraged open conversation. This tailored intervention addressed the specific needs of the Thornhill students, equipping them with valuable knowledge and awareness.



Positive Choices Programme: Delivered Based on Need

The Positive Choices Programme offers ongoing support, delivered as required based on the needs of local schools and communities. This programme is designed to reduce teenage pregnancy rates and foster healthy relationships, helping young people make informed decisions about parenthood and future family life.

Delivered in collaboration with Locala's Sexual Health Outreach Team and Clinical Nurse Specialists, the programme runs over five weeks. It provides practical guidance on parenthood, addressing topics such as financial stability, mental health, and the emotional demands of raising a child.

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With sessions designed to meet the specific needs of young people in Kirklees Alternative Provisions, the programme is flexible and can be offered whenever required. Participants have reported greater understanding of parenthood, helping them make responsible decisions about their futures.

Through these initiatives, Locala's 0-19 Service demonstrates its commitment to addressing the unique challenges faced by young people. Whether through one-off interventions like the Thornhill Academy programme or through ongoing support via the Positive Choices initiative, we continue to promote the wellbeing and resilience of our community's youth.

For more information, visit our Health Inequalities and Inclusion <u>page</u>.

