

# It's Time to Go Back to School!



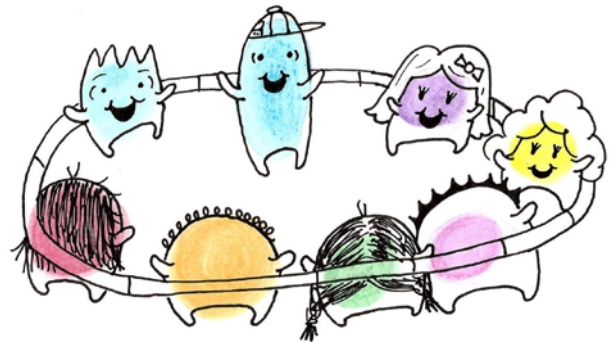
It's time to go back to school.



Grown-ups want to keep you safe.



Wash your hands through the day to keep germs away.



Grown-ups will tell you who you are safe to play with,



or if you have to stay at home again for a little while.



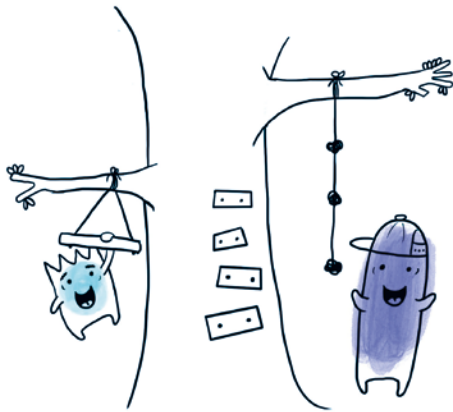
Playing is important to keep you healthy and strong!



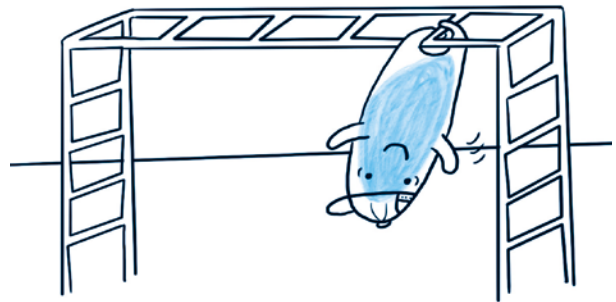
If you feel like Fired-Up Freda, you could ...



... have a crunchy snack,



hang from a bar or a tree,



or climb on a climbing frame,



to feel better again.





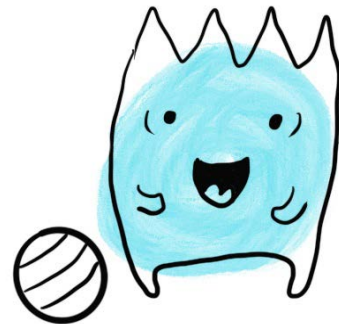
If you feel like Sleepy Sue,  
you could ...



... go on your bike,



have a cold drink,



or run in the playground,



to feel better again.



from the SAI Training Team