

## North Kirklees Special Gymnastics Club

## Held at Batley Sports and Tennis Centre on Tuesday Evenings in Term Time

The club was founded in 1988 with its aim and goal to offer children and young adults with Special Needs be it learning and or physical problems an opportunity to improve their posture, motor skills and their general health and wellbeing whilst participating in general gymnastic and similar connected physical activities.

The purpose of the club is to provide a gymnastics club for children, young people and young adults with special needs teaching basic gymnastic skills, so. enabling them to take part in a sporting activity and experiencing the challenges and opportunities this has to offer.

Gymnastics is any excellent sport to help develop motor, cognitive, social and communication skills and is both therapeutic and great fun. The session is run by experienced and skilled a British Gymnastic coach and assistant coaches and runs from 6 45pm to 7 45pm

The Club is a charity and run by volunteers.

Batley Sports and Tennis Centre Windmill Lane Birstall Batley WF17 OQD

Alma Brambles Chairperson 01924 848304 or 07802567384 almabrambles@gmail.com

Eleanor Brambles (Head Coach) 07816522253

Caroline Riley

07425133659

