

## Important information after your Implant has been inserted

Please read this leaflet alongside Implant leaflet.

### When will my implant begin working for contraception?

Please use additional contraception such as condoms for 7 days unless otherwise advised by your nurse or doctor.

### Aftercare advice:

You will have a bandage and steri-strip dressing where the implant has been placed. Keep these dressings clean and dry for 24 hours (48 hours for a refit) to help prevent bruising or swelling. The steri-strips can be left in place until the wound has healed. Mild discomfort and bruising can be expected after insertion or removal of an implant.

**Important:** Please feel for the implant once all the dressings have been removed and the wound has healed.

### It is important to contact the clinic if:

You cannot feel the implant at any time.

The site of insertion is very red, swollen, or painful.

### Bleeding pattern:

The most common side effect is irregular, unpredictable bleeding, which is usually harmless but can be a nuisance. If you are concerned, please contact the service. We will rule out other causes of bleeding and then we can often prescribe medication, which may help.

### Side effects:

The implant should not cause weight gain, depression, or headache, but if you do experience these side effects please contact us for a discussion.

### Follow up:

Routine follow up is not required but please contact us if you have any concerns.

### Removal/replacement of your Implant

The implant works for contraception for 3 years. If it is still in place after this time you should use additional precautions such as condoms. If you wish to have your implant removed or replaced, please contact us.

**Please contact the clinic directly if you have any questions or concerns:**

**Kirklees: 030 3330 9981**

**Bradford: 030 3330 9500**

**Please check our website for up-to-date opening times**

[Locala Sexual Health](#)