

Important information after your Implant has been inserted

Please read this leaflet alongside Implant leaflet.

When will my implant begin working for contraception?

Please use additional contraception such as condoms for 7 days unless otherwise advised by your nurse or doctor.

Aftercare advice:

You will have a bandage and steri-strip dressing where the implant has been placed. Keep these dressings clean and dry for 24 hours (48 hours for a refit) to help prevent bruising or swelling. The steri-strips can be left in place until the wound has healed. Mild discomfort and bruising can be expected after insertion or removal of an implant.

Important: Please feel for the implant once all the dressings have been removed and the wound has healed.

It is important to contact the clinic if:

You cannot feel the implant at any time.

The site of insertion is very red, swollen, or painful.

Bleeding pattern:

The most common side effect is irregular, unpredictable bleeding, which is usually harmless but can be a nuisance. If you are concerned, please contact the service. We will rule out other causes of bleeding and then we can often prescribe medication, which may help.

Side effects:

The implant should not cause weight gain, depression, or headache, but if you do experience these side effects please contact us for a discussion.

Follow up:

Routine follow up is not required but please contact us if you have any concerns.

Removal/replacement of your Implant

The implant works for contraception for 3 years. If it is still in place after this time you should use additional precautions such as condoms. If you wish to have your implant removed or replaced, please contact us.

Please contact the clinic directly if you have any questions or concerns:

Kirklees: 030 3330 9981

Bradford: 030 3330 9500

Please check our website for up-to-date opening times

[Locala Sexual Health](#)