

## Lauren, Will and Daisy's Story - February 2024

### Name of service:

Children's Community Nursing Team – Diabetes

### Main purpose of service:

The team provides practical advice and support to children and young people as well as to their families and carers to ensure children can continue to enjoy their everyday lives.

We strive to keep hospital admissions to a minimum by working with families to self-manage conditions and help and support children to achieve their potential.



**\*Image of Peppa Pig used as this is Daisy's favourite tv show.**

### About Lauren and Daisy:

Lauren and Will are parents to 18-month-old and Peppa Pig obsessed Daisy. Two weeks after Daisy's first birthday and after returning from a family holiday, Lauren and Will noticed that Daisy didn't seem her usual self and she was napping and drinking more. Daisy then became sick, and her breathing pattern changed therefore was taken to hospital straight away where she was admitted for one week. Lauren and Will found out that Daisy was poorly with Diabetes Keto Acidosis (DKA) and was diagnosed with Type 1 Diabetes.

### Discharge:

During her admission, Daisy and her family were introduced to Locala's Children and Young People's Diabetes Specialist Nurse, Kate Scott who would be continuing to provide care in Daisy's home once she was discharged. Lauren said **"2.5 hours after arriving home, Kate phoned us to check we were all okay. Kate supported us with knowledge and reassurance, I couldn't have done it without her. For the first couple of months Kate would visit us at home on a regular basis and call me everyday to check how we were."**

Daisy wears a glucose monitoring sensor to enable her parents to check Daisy's blood sugars at all times, including during the night. When Daisy was first diagnosed, she was injected with insulin 5-6 times daily, but she now has a hybrid closed loop pump meaning she no longer needs injections which has made a big difference to Daisy and her parents.

### Support at home:

Lauren spoke about how she felt lonely at times and was in shock when leaving the hospital after receiving Daisy's diagnosis.

**"In hospital I was in shock, but this has now become the norm. I couldn't do it without Kate, she reassures me, and her support is amazing. Kate goes above and beyond and makes everything so much easier. At times it can feel lonely so having support makes a real difference, Kate just gets it."**

**"Even now, she still checks on us 2-3 times a week, and when Daisy is poorly, Kate will call us straight away and follows up with phone calls during the day. When Kate is unavailable Becky calls us and her support and knowledge is amazing. Kate and the team aren't just good, they are amazing."**

Lauren has found a local charity in Dewsbury/Wakefield to support families with young children living with Diabetes. Lauren said **"It is so nice to be surrounded by similar families, I am looking forward to attending their events in the future."**