

Aimee's Story January 2024

Name of service: Infant Feeding

Main purpose of service: For parents in Kirklees looking for support with feeding their baby.

The Infant Feeding Team offer a variety of support in the home, on the phone, in clinics and small support groups from health visitors, child development practitioners, volunteer breastfeeding peer supporters and lactation consultants.



About Aimee:

Aimee gave birth to her little boy, Dougie, in July 2023. Aimee was exclusively breastfeeding Dougie, but after his weigh-in with the Health Visitors they noticed he was losing weight. Aimee was determined to continue breastfeeding Dougie therefore her Health Visitor referred her to the Infant Feeding Team for support. Aimee has felt incredibly supported by Hayley and Jo, and other parents at the Infant Feeding Group and wanted to share her positive experience with our patient feedback team.

Infant Feeding Group:

Hayley Curtis contacted Aimee and invited her and Dougie to the Infant Feeding Group at Dewsbury Children's Centre for support with her breastfeeding journey. Aimee started by going every week, then every two weeks, and then monthly until she felt she had all the support she needed. Aimee said **"Hayley and Jo were absolutely amazing. I cannot thank them enough for their support over the last 6 months; I don't know where I'd have been without them."**

It's not just a feeding group:

Aimee told us that she felt that it wasn't just a feeding group, it was much more, and she has been able to meet friends there.

"It wasn't just a feeding group, Hayley and Jo were there to support us with anything relating to being a new mum! For example, answering questions about car seat fittings and making sure they were fitted correctly, weaning support, and reassurance about sleeping patterns."