

## Important information about your Contraceptive Implant appointment

**To avoid disappointment please read this leaflet before attending for your appointment.**

Before the contraceptive implant is inserted we must be certain that you are not pregnant. Please ensure that when you arrive for your appointment you can say yes to **ANY ONE** of the following:

- I have taken pills/patch/ring correctly for the past 3 weeks (no missed or late pills/patch/ring).
- I am using condoms and have not had unprotected sexual intercourse.
- I am currently using the contraceptive injection, intrauterine contraception (IUD/IUS) or implant and it has not expired.
- I am on day 1 - 5 of my cycle.
- I have **ABSTAINED** (not had sexual intercourse) since my last period.

### **Important Information about your appointment:**

Your appointment will be booked for 30 minutes. Please arrive on time.

The nurse or doctor will check your medical history and assess your suitability for fitting on the day. If you are not suitable for fitting your appointment will be re-booked and your fitting postponed till it is suitable to proceed. **This is for your medical safety and well-being.**

**Please do not bring children with you on the day of your procedure.**

Further information about the contraceptive implant can be found here:

<http://www.fpa.org.uk/sites/default/files/contraceptive-implant-your-guide.pdf>

### **Please contact us if:**

- You are not sure if we will be able to fit your implant at your appointment.
- You have any questions or require further information.
- You are unable to attend.

Please check our website for up to date clinic times.

**Facebook:** /Locala Sexual Health

**Twitter:** @Locala\_Safesex

**Website:** [www.locala.org.uk/services/sexual-health/](http://www.locala.org.uk/services/sexual-health/)

**Telephone:** 030 3330 9500 (Bradford) or 030 3330 9981 (Kirklees)