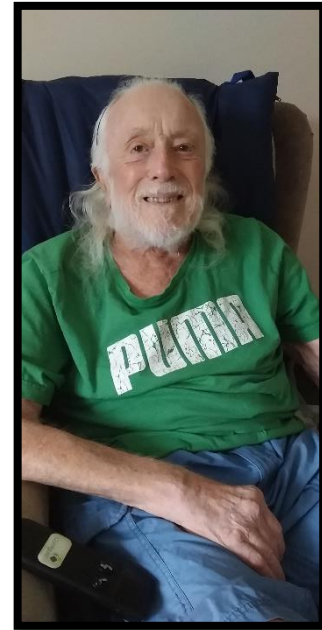


Chris's story July 2023

Service name: Intermediate Care at Ings Grove.

Main purpose of service: For people who are medically stable but need a bit of extra rehabilitation to cope at home and remain as independent as they possibly can. The service provides 24-hour support and care at 3 different venues in Kirklees. Locala's rehabilitation team work along-side social care colleagues, helping guests to maximise their independence, so they can carry out day to day activities.

About the person: Chris is 86 years old and is a retired engineer. He lives on his own, since his wife passed away in 2009, and is normally independent with shopping, cooking and cleaning. He fell in his bedroom at home, banging his head and nose, and was admitted to hospital. After 10 days he was transferred to Ings Grove. Chris had been there before, following a fall several months ago. **"I was pleased to come back here – everything went smoothly the first time. They'll make me well again. They know how to do it!"**



Chris remains positive about his experience at Ings Grove, the second time around. **"The physios have been marvellous. I've seen them every day. They walk with me in the corridor, and I do exercises. That's all going on nice and steady."** Chris says he is progressing and that everyone is patient with him. His medications have been reviewed at Ings Grove too. He feels that **"The care is good. I've got a nice room with a view."** When it was particularly hot, he was brought an electric fan.

Chris explains that Jen, his Occupational Therapist knows all about his home circumstances- for example, he has a stair lift and a wet room - because she planned his discharge home last time. **"There's a meeting next week with Jen, my physio Richard, me and my family. We've got to work something out that works for me. I'm looking forward to some sort of future. I just don't know what it is yet."** He continues, **"I want to be as independent as I can. I used to drive to the supermarket to shop. It feels like this is in the past. I have to look to the future. It's the future that counts. I am unsure what is in the future for me. I have to draw on their experience. Hopefully there will be a breakthrough."**

Chris met Joanne Vaughan on 27 June 2023 and gives full consent to share his story.