

West Yorkshire Healthier Together

Healthier Together is a tool that gives consistent, accurate and trustworthy healthcare advice to parents, carers, young people and professionals.

- Website: www.wyhealthiertogether.nhs.uk/

Locala Sexual Health Service

Locala offers young person queue & wait clinics, appointments, and text support for sexual health matters including contraception, pregnancy, and sexually transmitted infections (STIs).

- Phone: 030 3330 9981
- Website: www.locala.org.uk/services/sexual-health
- C-Card Scheme: Free condoms for young people aged 13-24.

The Base – Drug & Alcohol Support

The Base is a free and confidential drug and alcohol service for young people up to the age of 21 in Kirklees.

- Phone: 01484 541589
- Opening hours: Monday 9am – 7pm, Tuesday to Friday 9am – 5pm

Stop Smoking and Vaping Support

The Base offers vaping support for young people aged 11-13.

- Website: The Base - Kirklees - Smoking and vaping support
- Stop smoking support is available at: [Kirklees Wellness Service](#)

Families Together Gateway

The Families Together Gateway provides information and support for families from pre-birth through childhood and adolescence, up to 25 years for young people with SEND.

- Website: www.kirkleesttogether.co.uk
- Services include parenting support, emotional wellbeing resources, under-5s services, and employment guidance.

Mental & Emotional Wellbeing Support

If you already receive mental health support, contact your service provider. Additional crisis support includes:

- CAMHS Crisis Line: 01484 343763 (8am – 8pm, including Bank Holidays)
- GP Appointment: Contact your GP for an emergency appointment. Outside normal hours, you will be directed to an out-of-hours service.
- Kooth is a free, anonymous online counselling and support service for children and young people. It is available for 11-19 year olds in Kirklees (up to 25 years for those with additional needs).
 - Website: www.kooth.com
- Night OWLS (West Yorkshire):
 - Call: 0800 1488244
 - Text: 07984 376950
 - Online chat: www.wynightowls.org.uk (8pm – 8am daily)
- Samaritans: Call 116 123 (24/7) or visit www.samaritans.org
- NHS 111: A 24-hour helpline for advice and support

Brunswick Centre

The Brunswick Centre supports individuals to make informed choices, build healthier relationships, and live positively.

- Phone: 01484 469691 / 01422 341764
- Referrals: www.thebrunswickcentre.org.uk/referrals

For further support, please contact the relevant service directly via the details provided above.