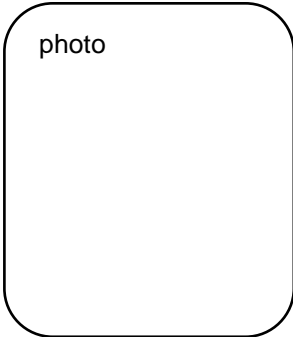


<b>Sensory Passport / Plan</b>	<i>Name:</i>	Steven Smith	<i>Date created:</i>	18.12.20
	<i>DoB:</i>	25.25.25	<i>Date for review:</i>	30.03.21



**Sensory Likes**  
 Steven loves rough and tumble play! He is quite a star when it comes to the Rugby field. If it involves banging and crashing he loves it! He can get very excited in music lessons. He likes to crawl under the heavy gym mats and hide there. He'll also do this we have story time on the carpet. He's an outdoors person.

**Sensory Dislikes**  
 Although Steve loves wrestling and deep pressure, light touch sends him "up the wall". He is really scared of feathers. Buzzing insects also cause him a problem but we are not sure what's behind it. Too long inside is not good. Fluorescent light might be a problem – not sure

**Important to know!**

When I feel overloaded I become distressed. I sometimes scream and try to escape.

Please help me by:

- Removing demands
- Reducing transitions
- Using my quiet space, turn off the lights, give me a soft blanket and cushion.
- Introduce my Zones of Regulation tool kit (without talking)

**Sensory Support**

**Environmental:**  
 Steve needs access to safe spaces like underneath the gym mat. Use natural light wherever possible. Avoid light touch to prompt him. Steve has a specially weighted chair. Access to the outdoors at regular intervals

**Individual:**  
 Steve is working with CAMHS to help him deal with his fear of feathers.

Steve needs:

- Familiar routines and motivators
- Visual timetables and prompts
- Count down for difficult sensory experiences
- Zones of regulation tool kit

**Sensory Activities**

It really helps if Steve does 'heavy work' activities. They increase his concentration and enable him to maximise on task time.

Examples:

- Steve places chairs on desks at the end of the day and takes them down at the beginning.
- Helps the caretaker empty bins and mopping floors
- Carries the Book Library (crates of books) around the classrooms
- Structured movement breaks to include time on playground equipment and 'heavy muscle work' including pushing, pulling, lifting activities, e.g. carrying items, holding doors, parachute games, yoga.

Steve should have access to 2 x 20 minutes of sport /exercise per day.